



Tuesday June 27, 2017

Gluten Free Meal

Grilled Chicken w/ Herbs & Olives

(olives, garlic, onion, sweet peppers, olive oil, salt & pepper)

Quinoa w/ Grilled Vegetables

(vegetable base, garlic, olive oil, salt & pepper)

Sauteed Carrots w/ Cumin

(garlic, olive oil, salt & pepper)

Flounder Francaise

(parmesan, egg, corn flour, olive oil, salt & pepper)

\$12.95/pound

Hot Entrée

Baked Shell Pasta w/ Shrimp & Crab

Sauteed Swiss Chard

Garlic Toast

\$12.95/pound

Hot Sandwich

Half Pound Black Angus Burger w/ Bacon & Swiss

\$7.95/each

Soups

Lentil

Spicy Shrimp & Corn Chowder

Chicken, Sweet Potato & Kale

New England Clam Chowder

Chicken Avgolemono (Greek Lemon Chicken)

