



Friday April 20, 2018

Gluten Free Meal

Black Angus Beef Stuffed Peppers

(rice, onion, tomato, spices, garlic, olive oil, salt & pepper)

Roasted Yukon Gold Potatoes

(garlic, olive oil, salt & pepper)

Sauteed Peas w/ Onions & Peppers

(garlic, kale, olive oil, salt & pepper)

Swordfish Kebobs

(lemon, parmesan, sun dried tomato, olive oil, salt & pepper)

\$12.95/pound

Hot Entree

Parmesan Crusted Haddock w/ Pan Roasted Tomatoes

Rice & Orzo Pilaf

Sauteed Brussel Sprouts w/ Onion

\$12.95/pound

Hot Sandwich

Open Faced Tuna Melt

\$7.95/each

Cold Sandwich

BBQ Chicken w/ Pepper & Onion Quesadilla

\$5.95/each

Soups

Tuscan White Bean

Spicy Shrimp & Corn Chowder

Lamb, Rice & Spinach

New England Clam Chowder

Chicken Avgolemono (Greek Lemon Chicken)

